# The State of New Hampshire

Sexual Assault Nurse Examiner Program



## Sexual Assault

One out of every three women and one out of every six men will be a victim of sexual assault at some point in their lifetime. Sexual assault is a crime of violence, not sex. The assailant uses sex to inflict violence and humiliation and to exert power and control over the victim. Anyone can become a victim of sexual assault - children, teenagers, the mentally and physically disabled, the elderly and gay, lesbian and heterosexual men and women. The offender may be a stranger to the victim but more often the offender is known to the victim.

#### What is a SANE?

A Sexual Assault Nurse Examiner (SANE) is a registered nurse who has been specially trained to provide comprehensive, uninterrupted care to victims of sexual assault and sexual abuse, including conducting the forensic collection of evidence. The goal of the SANE Program is to minimize the physical and psychological trauma to the victim and to maximize the probability of collecting and preserving the physical evidence of an assault for potential use in the legal system.











### What Does a SANE Provide?

- Compassionate, consistent care throughout the sexual assault examination process.
- A comprehensive examination to determine the extent of physical injury and proper treatment to begin the healing process.
- Time... as much time as the victim needs to complete the examination.
- Appropriate counseling, referral and follow-up
- Complete and professional evidence collection for use in court if the victim chooses to report the crime.

# For a SANE Approach

to healing from sexual assault call... your local hospital or crisis center.

# To Locate Your Local Crisis Center call...

1-800-852-3388

# Crisis Center Services Include...

24 Hour crisis line free confidential services emergency shelter hospital and court accompaniment information and referral



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# SANE

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